

FREE 1 Day Introduction to NLP Seminar

For dates and venues go to www.uniqueminds.co.uk or contact us

This 1 day seminar is for anyone who is curious and wants to learn more about the power of the art and science of Neuro Linguistic Programming (NLP).

This seminar will provide you with a Starter Set of NLP tools that you will be able to put into use immediately, either at work or in your personal life. You will leave the seminar with an even better understanding of NLP and how its techniques can be used to bring about positive change in people both in their personal and professional lives.

What you will learn:

- The background of NLP (Neuro Linguistic Programming)
- How we communicate (verbally and non-verbally) to others and to ourselves
- The principles of NLP
- How to build and maintain rapport (easily and effortlessly)
- How to set goals for success
- Effective Conflict Management
- How to generate Personal Power when you want it (anchoring)
- The applications of NLP and how it can be used in various contexts
- The Personal and Professional benefits of using NLP

"Be the catalyst for positive change in your life and contact us today"

What to expect from the day:

- Your Presenter/s will cover the theory of the techniques and outline the benefits and applications.
- You will have opportunity to practice the techniques.
- Expect to have fun, enjoy the training and most of all be ready for positive change.

(No prior knowledge of NLP is required to attend this course).



"Whether you think that you can, or that you can't, you are usually right"

Henry Ford

What's in it for us?

Unique Minds are passionate about NLP and this is evident in the training courses that we deliver and the results that we get. We want you to not only get an insight into what NLP is all about, we want you to get an insight into what Unique Minds are about by experiencing the quality of our Training first hand, for free!

So come along, learn lots, enjoy the day and be prepared for positive change.

What have you got to lose? What have you got to gain?



www.uniqueminds.co.uk - contact@uniqueminds.co.uk - +44 (0)121 711 7030

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The NLP Way

Using leading edge NLP methodologies and techniques your mind will be opened up to new ways of thinking which will provide you with even more options for ways to achieve your goals, whether they are to improve an existing relationship with a client/friend or to substantially increase the growth of your business.

Whatever your aspirations and goals are, this 1 Day Introduction to NLP Seminar will set you on your way.

About Our Training

All of the Coaching and Training delivered by Unique Minds is NLP (Neuro Linguistic Programming) based and will provide you with 'Life Skills' that will empower you to bring about positive change in what ever area of life you choose whether that be in the workplace or in your personal lives. NLP techniques are extremely flexible and can be applied in many different ways and in all aspects of life. The results will speak for themselves.

At Unique Minds we believe that NLP based coaching and training is true investment in people as it recognises and celebrates people as individuals and enables them to become even more responsible for their behaviours, their results, their lives.

So, if this sounds like something you could see yourself benefiting from and feel like you want to sign up or know more, contact us now!

“Be the catalyst for your successes!”

Call us now or log on to www.uniqueminds.co.uk for more information or to enrol. Spaces are limited, therefore early booking is recommended to secure a place.

